



"It has saved too many hours, days, months of anxiety to remember, and that feeling of helplessness and hopelessness."

"I must say I never thought I had so many essential and fairly essential things to buy for myself (clothes / footwear) and the home until I had the money to buy some of them! Without means, things just wear out / run out and never get replaced and now my debts are paid off. It was just in time as they were already spiralling out of control. Honestly you are brilliant. Thank you so much..."

We helped Joss (Name changed to protect identity), who was struggling on a very low income, claim a total of £8,745 in benefits back pay which she should have been entitled to.

Help us to continue to support people like Joss across Cornwall, set up a regular gift today and helping us to continue to provide free advice to everyone who needs it.

Last year we helped almost 9,000 people in Cornwall and the Isles of Scilly writing-off debt worth over £1 million and gaining income worth over £8.1 million.

Sign up today by visiting www.citizensadvicecornwall.org.uk/support-us, email fundraising@citizensadvicecornwall.org.uk or ask an adviser for a form.

## NEED A BABYSITTER?

I am Finn Costa (15), older brother of 3, so very good with children.

Can travel from Devoran to Feock.

Please call or text/Whatsapp: Meisha on 07890 995681



## Volunteer Beaver and Scout Leaders wanted

Might you be able to help out a local Beaver Scout group by becoming an Adult Leader?
Might you feel you can help this busy and active group of 6-8 year olds keep going?
Might you be able to commit to attending a weekly hour on a Wednesday evening during term time?
If you think you can, or would just like to know more, please contact <a href="mailto:clarebidgood@me.com">clarebidgood@me.com</a>

So what are the basics?

The group is 17th Truro Devoran scouts and the Beavers meet at various locations weekly on Wednesday from 5.30 pm-6.30pm. Currently, there are 13 Beavers and a strong team of adult helpers. However, we will be losing a leader and we desperately need more. The program is very varied and active and is planned a term ahead so you will always know what your commitment is. What kind of person are we looking for? You should be happy to work with this age group and be able to be a fun and flexible adult as well as being able to confidently lead and guide Beavers through the sessions. To work as part of a developed Leadership team and to be able to offer a commitment to most sessions and associated meetings. You may be looking to enhance your CV as you work towards a career working with children or outdoor pursuits. You may even feel you just want to give back into Scouting if you used to enjoy all the benefits of it. Whatever your reasons, please do contact us.

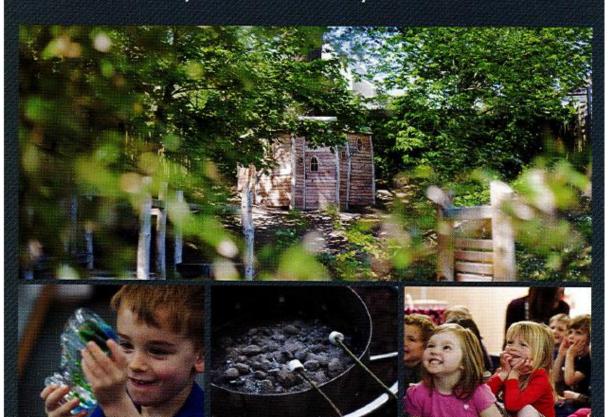
And what do you get out of it?

An excellent personal development opportunity where you can gain accredited certification in a whole host of outdoor activities as well First Aid and Safe Guarding training. Creating contacts and links in the community as the groups Leadership teams have many professionals within it. A chance to be part of a vibrant local group who are constantly working closely with the community as well as other groups in the District. The Scouting Association has a very developed training system so you will be guided and assisted every step of the way. You do not need these skills to start, just a willingness to take on the training. If you would like to come along just for a chat and some information please do get in contact and we will happily give you all the information you need. Get in Touch to Find out More or Volunteer! Email clarebidgood@me.com or call Clare on 07946509699

clarebidgood@me.com

# **Truro Nursery School**

Qualified teacher led Nursery places for your 2,3 and 4 year olds



We believe that children deserve the best possible start to their education. We offer a range of services including breakfast and after school clubs, holiday club, baby massage and stay and play toddler sessions.

Contact us to come for a visit and book your place

O1872 274693

Truro Nursery School, Higher Trehaverne, Truro, TRI 3RJ www.truro-nursery.comwall.sch.uk secretary@truronurseryschool.org.uk



## SUMMER SCHOOL HOLIDAY COURSES

CORNWALL









QUALIFIED COACHES

FUN FOOTBALL FOR EVERYONE

PRIZES, MEDALS & GIVEAWAYS

EARLY DROP OFF AVAILABLE

20% SIBLING & CLUBTEAM DISCOUNT

THE INFO...

10AM-3PM
(9AM EARLY DROP OFF AVAILABLE)

O CORNWALL
(AT VARIOUS LOCATIONS)

£ £18.00

JULY & AUGUST 2022

Sign Up ONLINE

WWW SATNITSSOUTHWEST CO HE





#### SOCCER SCHOOLS | 10.00AM - 3.00PM AGES PRICE TIME 8-12 £18.00 NEWQUAY TREVIGLAS SPORTS HUB 27TH, 4TH, 10TH, 17TH, 24TH & 3IST 2.00PM-2.45PM £5.00 TRURO TRURO PREP SCHOOL 29TH, 5TH, 12TH, 19TH & 26TH £18.00 2.00PM-2.45PM £5.00 EVOLVE CAMBORNE COLLEGE 28TH, 11TH, 18TH & 25TH 8-12 £18.00 2.00PM-2.45PM £5.00

Saints Southwest School Holiday Courses offer exceptional value for money, and the opportunity for young players to improve their skills through a structured and enjoyable coaching programme devised and delivered by experienced and FA qualified coaches. Our full-day courses typically run from 10.00 am to 3.00 pm with an early drop off service available from 9.00 am every holiday period. The Soccer Schools are action-packed days that allow children to learn new skills and improve match play whilst having fun.

### MULTISPORT CAMPS | 10.00AM - 3.00PM

LOCATION	VENUE	DATE	AGES	PRICE	TIME	PRICE
HELSTON	WENDRON PRIMARY SCHOOL	15TH AUG	5-11	£18.00	2.00PM-2.45PM	£5.00
ST AUSTELL	CARGLAZE PRIMARY SCHOOL	8TH AUG	5-11	£18.00	2.00PM-2.45PM	£5.00

Multisport Camps are aimed at all children 5-11 years old who want to have fun and be creative during the school holidays! We understand that children learn the most when having fun. Our wide selection of activities which include; Dodgeball, Cricket, Basketball, Tennis, Ultimate Frisbee, Tri Golf, Rounders, Handball & many more keep children inspired and engaged throughout the course.

### GIRLS ONLY CAMPS | 10.00AM - 3.00PM

LOCATION	VENUE	DATE	AGES	PRICE	TIME	PRICE
NEWQUAY	TREVIGLAS SPORTS HUB	27TH, 4TH, 10TH, 17TH, 24TH & 31ST	5-12	£18.00	9.00AM	£21.00
TRURO	TRURO PREP SCHOOL	29TH, 5TH, 12TH, 19TH & 26TH	5-12	£18.00	9.00AM	£21.00
CAMBORNE	EVOLVE CAMBORNE COLLEGE	28TH, 4TH, 11TH, 18TH & 25TH	5-12	£18.00	9.00AM	£21.00

Girls Only Camps are aimed at all young aspiring females aged 5-12 years old. We wish to increase upon the number of girls participating in our programmes, by offering a bespoke, 'girls-only' recreational programme, that provides a fun introduction to the wonderful world of football! Girls are able to improve their techniques

### GOALKEEPER CAMPS | 10.00AM - 3.00PM

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LOCATION	VENUE	DATE	AGES	PRICE	TIME	PRICE
NEWQUAY TRURO	TREVIGLAS SPORTS HUB	27TH, 4TH, 10TH, 17TH, 24TH & 31ST 29TH, 5TH, 12TH, 19TH & 26TH	5-12 5-12	£18.00 £18.00	9.00AM 9.00AM	£21.00
CAMBORNE	EVOLVE CAMBORNE COLLEGE	28TH, 4TH, 1ITH, 18TH & 25TH	5-12	£18.00	9.00AM	£21.00

Aimed at ALL young aspiring Goalkeepers aged 5-12 years old. The position-specific course will cover all aspects of the Saints Southwest Goalkeeping syllabus, suitably challenging young and enthusiastic goalkeepers of all abilities. Components include handling technical practices, shot stopping, footwork drills, distribution techniques from both hands and feet, communication and fun games.

### **ADDITIONAL SERVICES**



Saints Soccer Tots sessions are aimed at ALL children aged 2-4 vear olds.

These sessions are designed to provide an enjoyable start in sport and football where they can



and requirements of the

FROM £60.00



1 to 1 Football coaching allows the player and coach to form a unique understanding of what is needed to progress to the next level within the players' development.

FROM £36.00



WE ARE HIRING...

If you're a qualified coach, want to get into coaching or think you have the skills to join the Saints Southwest team, we'd be delighted to hear from you...

www.saints southwest.co.uk/vacancies-and-recruitment

APPLY NOW















What's On in Feock Parish: July You can find the full guided here: <a href="http://www.myfeock.co.uk/">http://www.myfeock.co.uk/</a>