



15<sup>th</sup> February 2019

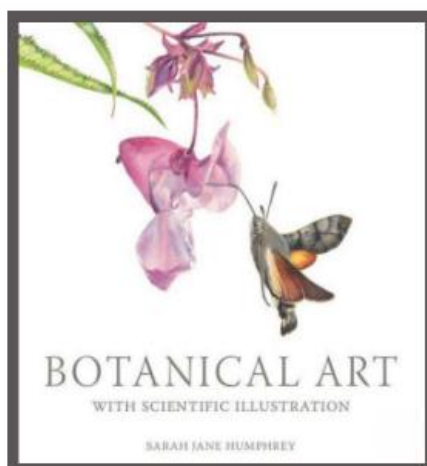
# COMMUNITY NEWS



\*\*\* **NEW DATE** \*\*\*

## Botanical Sketchbooks with Sarah Jane Humphrey

Monday 18th March    10am - 4pm    £50



Sarah Jane Humphrey is an award-winning botanical artist with over 20 years of professional illustration experience. A RHS Gold Medalist, she is also an author and a lecturer. Sarah has done commissions for Body Shop, Bloomsbury and Eden Project amongst others.

If you would like to book a space on this workshop,  
give us a call on 01872 240567.



Whilst we are happy to promote events in our local community, Devoran School does not in any way endorse or take responsibility for any of these events.

# CLARINET DAY!

## WHEN

**13th April**  
**10am - 5.30pm**

## WHERE

**Truro School**  
**Trennick Lane, Truro, TR1 1TH**

## WORKSHOP LEADERS:

**MALBEC CLARINET QUARTET – NICK SHIPMAN, KAREN AYTON,  
EMILY GARROD, OSCAR ARGUELLES.**

## CONTACT:

**[egarrod@cornwallmusicservicetrust.org](mailto:egarrod@cornwallmusicservicetrust.org)**

**ALL AGES AND  
ABILITIES EVENT**

**DAY TICKET FOR  
WORKSHOP AND  
CONCERT**

**£25 (discount for siblings)**

**A celebration of the  
Clarinet. A day for  
Clarinetists of any ability  
and age to get together  
and make music!**



CORNWALL MUSIC SERVICE TRUST





# TREVINCE

## Felt Craft & Willow

### Workshops at Trevince



## Two Felt Craft Workshops

Learn the art of creative felting with expert felt maker **Katrina Skipper**, who has been teaching the art of patchwork quilting and felt craft for the past 10 years.

Come and join us for a **FULL DAY'S Spring Felting Workshop** on [Saturday 13th April](#) or a **Christmas Felting Workshop** on [Saturday 21st September](#)



### Spring Willow Basket Making Workshop

On the success of last year's willow making workshops, **Lynn Kentish** returns to teach, a FULL DAY'S willow workshop on how to make your own spring willow basket **Saturday 18th May**.

Whilst v  
endorse




### Willow Sculpture Workshop

A FULL DAY'S workshop, with **Lynn Kentish**, for a wonderful opportunity to create your very own peacock for your garden! **Saturday 12th October**

: in any way





**BYOB**

**70s  
80s  
PARTY**

**Tickets £6  
each or 4  
for £20**

**Saturday 16<sup>th</sup> March**  
**7pm to 10.30pm**  
**Carnon Downs Village Hall**  
**Live music from 20<sup>th</sup> Century Stardust**  
**Bring your own drinks – Fancy dress optional**  
**Tickets available from**  
**HJ's Hairdressers (beside Village Hall)**  
**Bob/Caroline - 01872 864567 or Joy - 01872 870144**  
**Village Market on Saturday 23<sup>rd</sup> February 9am to 12 noon**  
**Visit our Facebook page – Carnon Downs Community Association**

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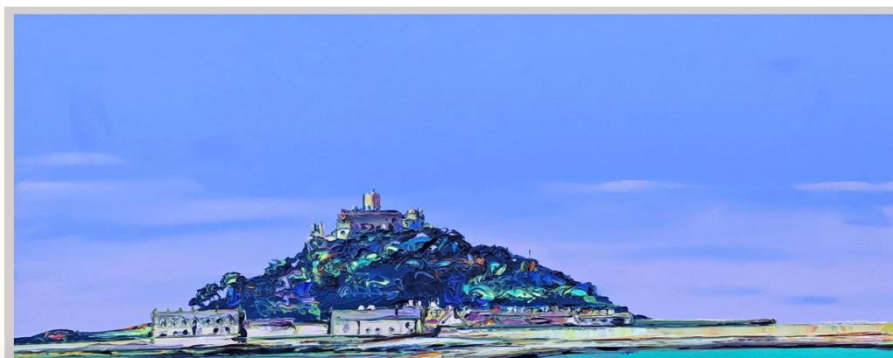
# Impasto Oil Painting

with Joe Armstrong

Monday 1st April

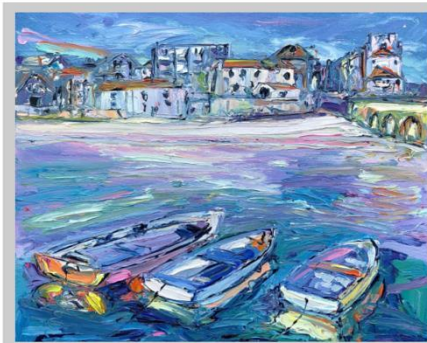
10am - 4pm

£50



Joe uses a palette knife and incorporates loose flowing strokes of vibrant colour to create his distinctive impasto paintings on canvas. He will commence the workshop with a demonstration where you will get a feel for his technique; you will then be led through the various stages of creating a painting in his style. Joe will encourage you to open up and become comfortable creating your piece using a palette knife and a range of striking, vibrant colours.

*"I love the texture of pure paint on canvas. I use the palette knife which stops my work being too precise. This gives my paintings a vibrant and spontaneous feel."*



Joe Armstrong grew up in London, and after working in advertising for a number of years, moved to Cornwall; he now paints professionally full time. Joe Armstrong is well-known in Cornwall where his large scale, colourful landscape paintings can be seen in galleries throughout the county. Joe paints outside as much as possible - you can sometimes find him painting around Cornwall during the Spring and Summer months, deep in a wooded valley surrounded by bluebells, or just sitting quietly painting on a hillside overlooking the sea.

Whilst w  
endorse

If you would like to book a space on this workshop,  
give us a call on 01872 240567.

ot in any way





## February 2019.

## Newsletter

Welcome to the first of our 2019 Newsletters.

First of all a huge "THANK YOU" to all our supporters. Without you we couldn't function so please know how much we appreciate your encouragement.

The amount of food donated by our local community continues to amaze us - over 33 tonnes.

We have more than 50 volunteers and at the beginning of this month we held an Open Evening for a further 20 folk who are interested in joining our teams.

And we really value all those who support us financially.

During 2018 we have seen a small increase in the number of people coming to Foodbank and once again the top reason is "Low Income". The need for help comes when individuals or families on low incomes face an unexpected expense such as repairs to the family car or home, or those working "Zero Hours" contracts are told there is little or no work this week.

## 2018 Figures are just available

People fed: 2240 through vouchers  
1427 adults, 813 children

Food donated: 33.3 tonnes  
Food distributed: 33.2 tonnes

Main reasons people come to Foodbank

- Low Income 868
- Benefit changes. 383
- Debt 317
- Benefit delays. 296

In addition we supplied food through the Holiday Hunger programme to a further 76 people

## Our food came from:

- Tesco 7257 Kg.
- + Special collection days June & Dec: 3103 Kg
- Sainsbury 10531 Kg
- Waitrose 1138 Kg
- Co-op 1106 Kg
- Marks & Spencer 1115 Kg
- SPAR St Agnes 298 Kg
- Harvest 3419 Kg



Thanks to Truro and Penwith College Student Services team for running a Reverse Advent calendar event which produced half a tonne of food and toiletries. Each day during Advent folk donate a different item instead of taking a chocolate



During last year we received help from several local businesses and organisations. Here is just a selection (more next Newsletter) with our thanks. Thanks to **Nationwide Building Society** their generous grant of £5000 which enabled us to replace our 12 year old van with a smart five year old one.



Devoran pre school held a special collection for Truro Foodbank and raised an amazing £220. Thank you!



Staff from Seasalt Cornwall came to help sort a mountain of pre Christmas food. Thank You!



## 40 pence for 40 days

This Lent we're asking people to join us in transforming lives by giving up 40 pence for 40 days. With the addition of Gift Aid this comes to £20. Small actions really can go a long way. Alternatively, if you want to challenge yourself to give something up this Lent, then why not donate the cost of what you save. Please send donations to The Treasurer, Truro Foodbank. (address below)



40 pence x 40 days =  
**£16**

giftaid it  
+ **£4**  
extra from gift aid

**Truro Foodbank** Monday: 3pm till 5.30pm Truro Methodist Church (TMC)  
**Opening times:** Tuesday: 10am till 12pm All Saints Church Highbertown (ASH)  
Thursday 10am till 12.30pm TMC

Truro Foodbank, All Saints Church, Highbertown, Tresawis Road, Truro TR1 3LD  
Tel: 077 2171 1669 (office hours)  
Email: [trurofoodbank@gmail.com](mailto:trurofoodbank@gmail.com)  
[www.trurofoodbank.org.uk](http://www.trurofoodbank.org.uk) Registered Charity No: 1176261

