



5 April 2019

# COMMUNITY NEWS



## Adult Art Club

### Summer Term

You are invited to join the Summer term of adult art club,  
Thursday mornings, 10 - 11:30am on our mezzanine.

Thursday 25th April – Thursday 18th July

(Half Term: Thursday 30th May)



The aim of Adult Art Club is to get the opportunity to explore a broad range of creative materials that you might not be familiar with, or have access to, in a relaxed environment whilst making new friends. Aimed at beginners through to improvers, you will be introduced to different mediums, both 2D and 3D, enabling you to build on basic techniques and become confident in your ability. We will discuss inspirational artists, and experiment using their techniques, whilst having fun in a no-pressure environment.

All materials are provided and each session costs £10, paid for termly (£120).

Due to popular demand we are unable to reserve places.  
If you would like to join us, full payment for the term is required.

**CARNON DOWNS SURGERY  
PATIENT PARTICIPATION GROUP**

# **LIVING WELL IN OUR COMMUNITY**

If you have concerns, questions or  
are just curious drop in



**Tues April 30th – 2 pm to 5 pm**  
**Carnon Downs Village Hall**

Do you ever face a health or age problem and  
wonder...Who do I ask? or Where can I find?

Find out information about services and support in our  
community and where the surgery fits in.

Dr Paul Cook and Sharon Nettleton, our Community  
Navigator, will both speak during the afternoon.



Thanks to Carolyn Trevethick of Volunteer Cornwall and to  
all who have helped with this event



# Smart Villages Fayre

Free entry!



Saturday 13th April

2pm-4pm

tea, coffee and refreshments

\*Virtual Reality \*Robot Pets \* 3D Printing  
\*Internet of Things \*Gaming\* \*Fitbits  
\*Farming of the Future \*E-Cars

\*PRIZE DRAW\*

\*\*\*\*\* Free WORKSHOPS \*\*\*\*\*

\* 2pm Try Virtual Reality

\* 2.30pm 3D Printing

\* 3.00pm E-Cars

\* 3.30pm Discussion - Smart Villages for Cornwall?





Join us for a fun filled after school club! Games, craft, music, tuck-shop, healthy snacks and lots more.

## April

26th Club Night

## May

3rd Team Challenge

10th Treasure Hunt

17th Club Night

24th Truro Bowl £5

## June

7th Pizza Making

14th Club Night

21st Mystery Night

28th Jump4 £8

## July

5th Club Night

12th Crazy Games

19th End of Term Party

Every Friday night during term time, 5-6:30pm. StKea All Hallows Church, TR3 6AE  
For primary school years 3-6.

Suggested donation £1 each week, to help us with resources



## FAMILIES HAVE LOST EVERYTHING

**On 14th March, Cyclone Idai tore through Mozambique, Malawi and Zimbabwe, separating parents and children, ripping up homes and destroying livelihoods.**

Over 125,000 people in Malawi have been left homeless and afraid after the powerful floods washed away their homes and their loved ones.

During these extremely difficult times, families in Malawi desperately need your help. A ShelterBox team is on its way to assess the damage and understand what support families will need once the floodwaters subside.

Items like emergency shelter kits could help families who have lost their homes. Water filters could help them produce clean water. Mosquito nets could protect families from the increased risk of disease.

**We will not stop until we have done all we can to help families in Malawi, and around the world, get the vital emergency shelter they need. Will you support us?**

[Donate now](#)



Suitable for all ages!

# Children's Day

Saturday  
13 April  
Truro  
City Centre

Have-a-go Dance  
& Yoga Sessions

Street Performers  
& Kids Rides

Kids Meal Deals &  
In-store Offers

Free Craft  
Activities

Free Museum  
Entry for Families

Mountain Biker  
Andrei Burton

# TRURO LAWN TENNIS CLUB

## EASTER CAMPS 5-10yrs

MONDAY 8<sup>th</sup> APRIL .....THURSDAY 11<sup>th</sup> APRIL

MONDAY 15<sup>th</sup> APRIL..... THURSDAY 18<sup>th</sup> APRIL

9am – 12noon

**Venue Truro Lawn Tennis Club**

PRICE PER MORNING

TLTC Members £10 / Non Members £15

**FUN GAMES**



**DODGE BALL**

**FRISBEE**

**Handball**



**BOMBS AND ROCKETS**

FOR MORE INFORMATION

CONTACT RYAN FERN

[ryantennis75@gmail.com](mailto:ryantennis75@gmail.com)

mob: 07814533087



**Book early to avoid disappointment**

# Help clean up our streets

Join the Great British Spring Clean

SUNDAY 7<sup>th</sup> APRIL 2019  
MEET 10 AM AT  
CARNON DOWNS AND  
DEVORAN + FEOCK VILLAGE  
HALLS OR POINT QUAY.  
LITTER PICKERS +  
BAGS SUPPLIED.  
NOTE: NO PARKING  
AVAILABLE AT  
THE HALLS.

**22 MARCH -  
23 APRIL 2019**

Register your support [keepbritaintidy.org](http://keepbritaintidy.org)  
**#GBSpringClean**

Keep Britain Tidy is a registered Charity No. 1071727

Brought to you by  In partnership with  Headline sponsor   

# KIDS WORKSHOP

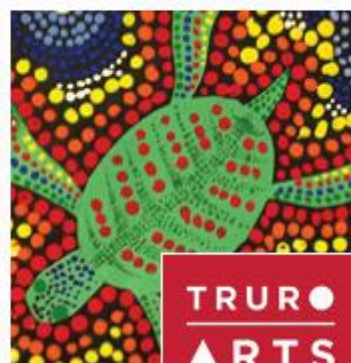
## THE EASTER HOLIDAYS

### ABORIGINAL INSPIRED ART

Thursday 11th April 10 - 11.30am  
Ages 8+ £10

Join us for a ripper of a time creating an  
aboriginal inspired painting.

During this workshop we'll use neon paint  
and cotton buds on card to make  
colourful and exciting images  
and patterns.



01872 240 567 - [kids@truroartscompany.co.uk](mailto:kids@truroartscompany.co.uk)  
[www.truroartscompany.co.uk](http://www.truroartscompany.co.uk) - 26 River St, Truro TR1 2SJ

TRURO  
ARTS  
COMPANY

# KIDS WORKSHOP THE EASTER HOLIDAYS

## HYBRID ANIMALS

Saturday 13th April 10 - 11.30am  
Ages 8+ £10

Ever wondered what an elephant would look like with a duck's beak instead of a trunk? Or an owl with a lion's head? During this workshop we will have an animalistic time mixing creatures together to create our very own hybrids using watercolour pencils. It's going to be Grrrrrrreat!



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# KIDS WORKSHOP

## THE EASTER HOLIDAYS



### BIRDS NEST COLLAGE

Tuesday 16th April 10 - 11.30am  
Ages 7+ £10

Create a bird out of collage, then trim and layer slithers of different types of paper to create a beautiful and unique paper bird's nest for our little chirpy friends to get cosy in.



01872 240 567 - [arts@truroartscompany.co.uk](mailto:arts@truroartscompany.co.uk)  
[www.truroartscompany.co.uk](http://www.truroartscompany.co.uk) - 26 River St, Truro TR1 2SJ

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# KIDS WORKSHOP

## THE EASTER HOLIDAYS

### EASTER EGG-STRAVAGANZA

Thursday 18th April 10 - 11am  
Ages 5+ £7

Have an egg-cellent time with us this Easter creating some cute Springtime animals with the help of polystyrene eggs, googly eyes, and imagination!

Guardians welcome to stay and help with youngsters.



01872 240 567 - [kids@truroartscompany.co.uk](mailto:kids@truroartscompany.co.uk)  
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# HOCKEY CAMP



ZENARTH Sports Coaching is offering holiday hockey day camps over the Easter break. The emphasis will be on enjoying skills, games and building friendships.

**Dates:** Wednesday 10<sup>th</sup> & 17<sup>th</sup> April 2019

**Times:** 9am – 3pm

**Cost:** £18 per player per day.

Children must attend with gum shields, shin pads, weather appropriate clothing, lunch and drinks.

Please contact Kelly for further details and a booking form; [info@zenarth.co.uk](mailto:info@zenarth.co.uk) / 07554 004877.



GAMES & SKILLS

GOALKEEPING &  
GOALSCORING

MINI TOURNAMENTS

FUN TEAM BONDING

SUITED TO PLAYERS  
FROM 6-10 YEARS  
OLD/BEGINNERS

LEVEL 2 ENGLAND  
HOCKEY COACH

INSURED, DBS AND  
FIRST AID TRAINED

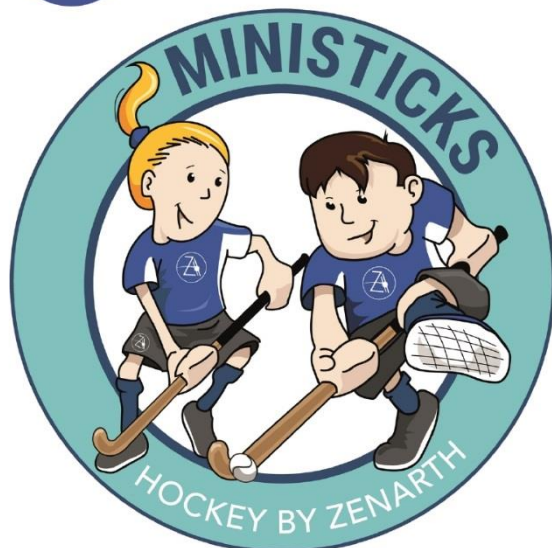
## LOCATION

TRURO HIGH SCHOOL  
FALMOUTH ROAD  
TRURO  
TR1 2HU

Book with

[info@zenarth.co.uk](mailto:info@zenarth.co.uk)

07554 004877



CONTACT KELLY FOR FURTHER DETAILS OR  
TO BOOK YOUR PLACE IN A TEAM

[INFO@ZENARTH.CO.UK](mailto:INFO@ZENARTH.CO.UK)

\*ONLY UNDER 12 YEAR OLDS CAN SCORE!

## PRESENTING..... AN EASTER FAMILY HOCKEY TOURNAMENT FUNDRAISER

6 ASIDE TEAMS OF 3 CHILDREN\*, 3 PARENTS/ADULTS

EASTER EGG HUNT & EGG/SPOON RACE & BEAT THE KEEPER

PRIZES FOR WINNING TEAM

RAFFLE / CAKE STALL

RAISING FUNDS FOR A NEW JUNIOR GOALKEEPING KIT

**WHERE:** TRURO HIGH SCHOOL ASTRO

**WHEN:** SATURDAY 20<sup>TH</sup> APRIL 2019

**TIME:** 10AM – 12PM

**ENTRY:** £5 EACH



eden project

Help the Eden farmers and learn what makes  
crops grow...



### **Eggs-citing farmyard fun at Eden this Easter**

Join us from 6-25 April for adventures down on the farm. Help the Eden farmers round up their animals in our farmyard scramble, challenge your friends to welly-wanging and take part in our all-new chicken egg hunt. Collect stamps to exchange for cracking Easter prizes and chocolate treats!



ADVENTURING THROUGH HISTORY

# Easter Activities

## April 6th-22nd



<b>Saturday 6th:</b>	Relaxed Session, 9:30-11am
<b>Monday 8th:</b>	Messy Monday 'Fancy Frames', 11am-3pm
<b>Tuesday 9th:</b>	Hands on History Hub Activities, 10am-1pm
<b>Wednesday 10th:</b>	Make & Take Activities, 10am-1pm
<b>Thursday 11th:</b>	Make & Take Activities, 10am-1pm



**Saturday 13th:** Free day of activities including 'Dummy Mummy sessions' where you can learn about Egyptian mummification; Face Painting; Make and Take activities and Object Handling – please see our website for timings

<b>Monday 15th:</b>	Messy Monday 'Silhouette Faces', 11am-3pm
<b>Tuesday 16th:</b>	Hands on History Hub Activities, 10am-1pm
<b>Wednesday 17th:</b>	Make & Take Activities, 10am-1pm
<b>Wednesday 17th:</b>	Mummy Sessions (Learn about Mummification), 11am and 2pm
<b>Thursday 18th:</b>	Make & Take Activities, 10am-1pm
<b>Monday 22nd:</b>	Messy Monday 'Masks at the Museums' 11am-3pm

*Free for 16's and under, admission fees apply for adults*  
*All children under 8 must be supervised by a parent or carer*

## IMMERSIVE LEARNING ACTIVITIES FOR THE WHOLE FAMILY

EXPLORE

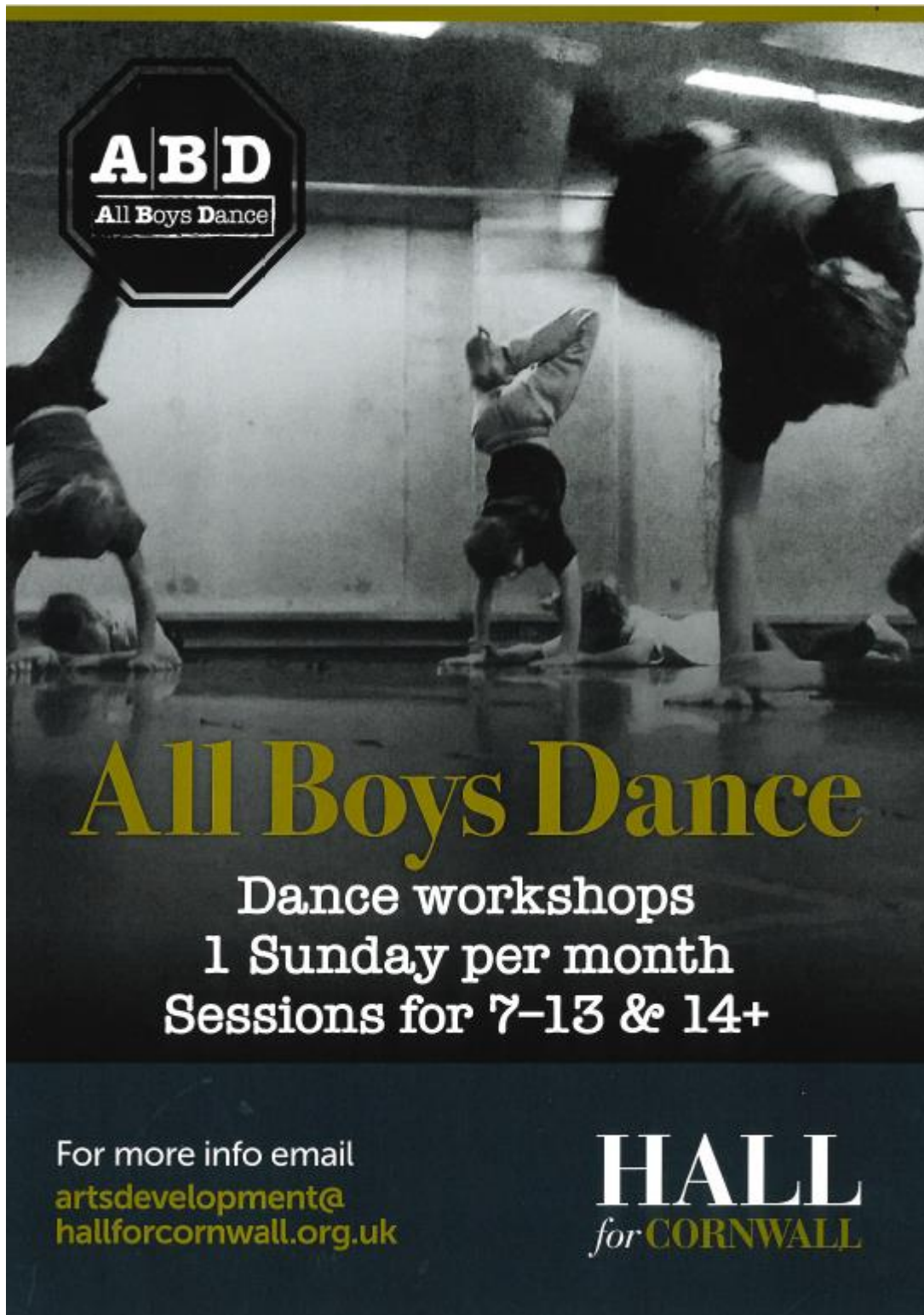
DISCOVER

CREATE

Royal Cornwall Museum  
River Street, Truro. Full details online:  
[www.royalcornwallmuseum.org.uk](http://www.royalcornwallmuseum.org.uk)

 [RoyalCornwallMuseum](#)  
 [Cornwall\\_Museum](#)

 [Cornwall\\_Museum](#)



**ABD**  
All Boys Dance

# All Boys Dance

Dance workshops  
1 Sunday per month  
Sessions for 7-13 & 14+

For more info email  
[artsdevelopment@hallforcornwall.org.uk](mailto:artsdevelopment@hallforcornwall.org.uk)

**HALL**  
for **CORNWALL**





**Please help The Writers' Block win £50,000!**

**Vote here** between 1 April and midday 15 April.

**Our innovative creative writing centre The Writers' Block is part of this year's People's Projects campaign to win £50,000!**

Through our writing programmes, events and training we:

- build communication skills, confidence and enjoyment in writing.
- help young people overcome their barriers and find the writer inside themselves.

This funding will make a huge difference to the number of people we are able to work with, and mean we can develop our outreach activities and be able to open our doors to everyone across Cornwall!

**It's all down to a public vote which closes at midday on Monday 15 April.**

And you can help us by sharing our [Facebook](#), [Twitter](#) and [Instagram](#) posts so more people can support us.

*Thank you!*

<https://www.thepeoplesprojects.org.uk/projects/view/the-writers-block>