

COMMUNITY NEWS



TO GET INVOLVED CONTACT
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Draw to be made August 2022.

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What's On - Feock Parish



Find out what's happening in and around our fantastic Parish!

(Produced by HAIRE Feock)

February 2022

- Mon 10am-12pm (school term only) 'Sunbeams' stay & play toddlers group
 - 10am Slow Flow (online) Anella Yoga Studio, Devoran 07971238811
 - **1.00pm Mixed Pilate @ Devoran Village Hall** Zest for Life Fitness: fleurdavis@btinternet.com
 - **2.30pm Men's Pilates Devoran Village Hall** Zest for Life Fitness: fleurdavis@btinternet.com
 - 2-4pm Line Dancing at Carnon Downs Methodist Church. Just turn up
 - 2pm (2^nd Mon of month not Dec/Aug) Penpol & Point WI @ Penpol Chapel new members welcome. For info please call Helen Gaches 01872 870614
 - 6.15pm Slow Flow Anella Yoga Studio, Devoran 07971238811
 - **6.45-9.15pm** (starting again from 10th Jan) **Celtic Chords**, ladies barbershop chorus (sing acapella) @ Devoran Village Hall. Contact Pam: 07480 230035 or pammpoley27@gmail.com
 - **10am** pick up, **St Feock Community Minibus daytrip** to book 077541 07835 (9.30-10.30am)
- **Tues - 9.45-11.45am IT Class** @ Carnon Downs Village Hall £2. Bring own equipment, on site tuition & help if needed. Tea, coffee & biscuits free of charge.
 - NEW 10-11.30am Walk & Talk (25th Jan meet @ Devoran Village Hall; 8th Feb Premier Inn Top Carpark; 22nd Feb Kea Community Carpark) with experienced walk leader. Advance booking required & info please call Feock Parish Council 01872 863333
 - 10am Slow Flow Anella Yoga Studio, Devoran 07971238811
 - NEW 11am Basic Computer Skills & Coffee (for Older Adults) (fortnightly basis) @ The Old Quay Inn, Devoran. Advance booking required: Feock Parish Council 01872 863333
 - 6.00pm Physio Led Pilates, Devoran Village Hall contact

ruthbennettphysio@gmail.com

- 7.17pm Pregnancy Yoga, Devoran Village Hall Ruth Bennett as above
- 6.15pm Moon Yoga @ Anella Studio, Devoran www.anellayoga.com
- 7.15-8.45pm (term time only) The Riverside Singers @ Carnon Downs Methodist Church no auditions, free trial session. More Info: Chris & Helen 01209 821310
- Wed 9.30am Veg van and Fish van, Devoran Village Hall
 - 11.45am Baker Tom van, Devoran Village Hall
 - 10am Mindfulness Course Anella Yoga Studio, Devoran 07971238811
 - 10.30am-noon Coffee Morning @ Carnon Downs Methodist Church Hall
 - **1.30 4.00pm U3A Art Group** @ Feock Church Hall. Free taster session (£23 annual membership) Contact Sandra Guille sandra.guille@virgin.net
 - 2.30-4.30pm Carpet bowls @ Carnon Downs Methodist Church Hall
 - **4-5pm Pilates** Zestforlifefitness @ Devoran Village Hall, £8 zoejcrouse@gmail.com
 - 6.15pm Beginner Yoga Course Anella Yoga Studio, Devoran 07971238811
 - **6.30pm Guitar Club** (every 3rd Wednesday of month) Carnon Downs Methodist Church
 - **6.30pm Slow & Easy Folk Sessions** Devoran Village Lower Hall (every 4th Weds of month). Contact 0776 542 3751. No expertise required just learn as you go!
- **Thur 9-10am Dancefit -** Zestforlifefitness @ Devoran Village Hall, £8 zoejcrouse@gmail.com
 - 9.30-11am Tai Chi @ Devoran Village (Lower) Hall Steve Sharp: 07833 655400

sharpontheedge@rocketmail.com - £8 per session or £42 for a block of 6

10.30am - Pilates on the Ball - Devoran Village Hall. fleurdavis@btinternet.com

Think Fit Classes @ Carnon Downs Methodist Church - www.thinkfitcornwall.com

- 10am Hatha Anella Yoga Studio, Devoran 07971238811
- 12.00 Men's Pilates Devoran Village Hall. fleurdavis@btinternet.com
- **2 4pm Carnon Downs Memory Café** Carnon Downs Village Hall. 1^{st} & 3^{rd} Thurs of month
 - 6.15pm Hatha Anella Yoga Studio, Devoran 07971238811
 - **7.00pm Gardening Club, Devoran Village Hall** (3rd Thurs of month). Steve 01872 864701 / Ian 01872 970170
- Fri 9-10am Step Class Zestforlifefitness with Zoe @ Devoran Village Hall, £8

9am - Gentle Yoga - Anella Yoga Studio, Devoran - 07971238811

9.30 - 11.30am - Baby & Toddler Group, Devoran Village Lower Hall. £2 includes snack.

10am - St Feock Community Minibus daytrip - to book 077541 07835 (9.30-10.30am)

10.30-11.30am - Pilates - Zestforlifefitness @ Devoran Village Hall, £8

11am - Intro to Yin @ Anella Studio, Devoran - www.anellayoga.com

12-1pm - **Funtional Strength Class** - Zestforlifefitness @ Devoran Village Hall,

£8

7.30-9.30pm - **Scottish Country Dancing** @ Carnon Downs Methodist Hall - £4 - Soft shoes advised - no partner required.

Sat - 9am - Slow Flow - Anella Yoga Studio, Devoran - 07971238811

3pm - **Perranwell Football Club** @ Tregye pitch - Simon Fisher: 07712 435081 / Phil Rees: 07803 002927

10.15am - Slow Flow (online) - Anella Yoga Studio, Devoran - 07971238811

Sun - 10am - Church Service @ The Waterside Churches - St Feock & Devoran - Revd Karen contactable for anyone who is unable to attend, but would like a chat - 01872 276 357

10.30am - **Church Service** @ Carnon Downs Methodist Church **From 9am** - **Tiny Toes Ballet** @ Devoran Village Hall.

www.tinytoesballet.co.uk/cornwall

Afternoon: Messy Church, Devoran Village Hall - further details 01872 864049

EVENTS:

Tuesday 8th - 10-11.30am - **Community Coffee Stop** @ The Parish Centre, Devoran Church - simply a time and space to have a coffee & chat, all ages, all welcome.

Thursday 10th- 7.00 pm - An evening of Cornish music and fun. Will Keating and John Dowling @ St. Piran's Church (Perran-ar-Worthal) - <u>www.thewatersidechurches.com</u>

Saturday 12th (2nd Saturday of month) - 9.30 - 12am - **Devoran Village Market** @ Devoran Village Hall. For more info please contact Sue Thomas - suecreekside@outlook.com

Tuesday 15th - 12 to 4pm - **Barclays Van Visits** @ Devoran Village Hall. For financial advice and help with problems (scams, setting up accounts, online banking etc) but not banking

transactions.

Thursday 17th (3rd Thursday of month) - from 7pm - **Devoran Gardening Club** @ Devoran Village Hall - contact Steve Ivall <u>j.ivall@talktalk.net</u> or Ian Stamford@btinternet.com

Friday 18th - **Film Club** (Nomad land) @ Carnon Downs Village Hall (every 3rd Friday of the month) - Doors open 6.30pm, film starts at 7.30pm. Please contact for more info Caroline Richards - 01872 864567

NEW - Monday 21st (3rd Monday of month) - 10-11.30am - Community Coffee Morning (with HAIRE Feock) @ Devoran Village (Lower) Hall - Everyone welcome for a cuppa & natter. For more info - 01872 863 333

Tuesday 22nd - 10-11.30am - **Community Coffee Stop** @ The Parish Centre, Devoran Church - simply a time and space to have a coffee & chat, all ages, all welcome.

NEW - Saturday 26th - 9am - Men's Breakfast @ Perranwell Centre, West Room - Join us for a free full English cooked breakfast with tea/coffee - browse the daily newspapers - hosted by Chris Wilson & Revd Karen: 01872 876 357 to book.

Sunday 27th **February -** 11am - **Pancake Party** @ Devoran Parish Centre - Refreshments provided, Pancake Flipping Competition, Lent Challenge, Personalise your own pancakes at the 'toppings bar' Contact Revd Karen: 01872 276 357

Do you fancy Volunteering in the Community?

We have various volunteering opportunities available with Feock Parish Council, and our Community Wellbeing Project: HAIRE Feock

For more info call 01872 863333 (9am - noon) or email bex@feockparishcouncil.co.uk

Additional Local Information:

- NEW 'Boardgame Library' available on loan at our Parish Council Offices call 01872 863333 for more information
- Please note: Loe Beach Car Park parking charges apply



Bosvigo Wraparound February Half Term Holiday Club

We are pleased to announce that we are opening as usual during February Half Term from Monday 21stth February to Friday 25thth February. We are open from 7.45am until 6pm for just £23.50 a day. Please remember that children will need a packed lunch, waterproof coat and wellies may be advisable.

Please contact Miss Penhaligon <u>wraparound@bosvigo.cornwall.sch.uk</u> if you require further information or visit the <u>Bosvigo</u> School Website. For families who have booked before, you can log in and book on the school gateway.

Monday	Tuesday	Wednesday	Thursday	Friday
Redannick	Pizza pantry	Dodgeball	Cake pops	Hendra Park
Park				
Clay coils	Squishy	Sand Art	Blossom	Mindfulness
	balloons	} (A) ()	water colour	games
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