



# COMMUNITY NEWS



## COMING SOON...

### COMMUNITY COFFEE MORNING

A HAIRE Feock Initiative

### DEVORAN VILLAGE HALL (LOWER HALL)

Starting Monday, 17th January  
10.00 - 11.30 AM  
(Every 3rd Monday of month)

Everyone welcome

Meet new people & have a natter

A fun raffle

Run by friendly volunteers



HAIRE Feock (Feock Parish Council) - 01872 863 333 / [bex@feockparishcouncil.co.uk](mailto:bex@feockparishcouncil.co.uk)  wellbeing Feock

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## What's On

Happy New Year. Are you looking for a fitness class or new activity to join in 2022? Below is a reminder of regular activities at Devoran Village Hall.

Did you know the Hall's website has had a revamp? Check it out

<https://www.devoranvillagehall.org.uk>.

You can find information about all the Hall's regular activities and how to book the Hall for your own event. There is also a live Facebook feed, so if you are not a Facebook user you can still see last minute updates.

### **MONDAY**

#### **Afternoon**

Zest for Life Fitness with Fleur

Mixed Pilates 13.00

Men's Pilates 14.30

Further details: [fleurdavis@btinternet.com](mailto:fleurdavis@btinternet.com)

Evening

**LADIES 18 & over**  
**Sing A Capella**



**Celtic****chords**  
together in harmony

**Here, At Devoran Village Hall**

**Quay Road**

**Devoran**

**TR3 6PW**

**Every Monday evening**

**6.45pm- 9.15pm**

**Just come along**

**no previous experience of singing necessary and no  
need to be able to read music**

**Website: [celticchords.btck.co.uk](http://celticchords.btck.co.uk)**

## **TUESDAY**

### **Afternoon**

Barclays Van 14.00

18th Jan

1st February

15th February

15th March

**29th March**

Although you are unable to do banking at the van the staff are able to give you financial advice and help with problems (scams, setting up accounts, on-line banking etc).

### **Evening**

Pyhsio Led Pilates 18.00

Pregnancy Yoga 19.15

Further details: [ruthbennettphysio@gmail.com](mailto:ruthbennettphysio@gmail.com)

## **WEDNESDAY**

### **Morning**

Veg van and Fish van approx 09.30

Baker Tom van 11.45

### **Afternoon**

Zest for Life Fitness with Zoe

Pilates 16.00



Further details: [zoejcrouse@gmail.com](mailto:zoejcrouse@gmail.com)

Evening

4th Wednesday

# Slow & Easy Folk Sessions



Fourth Wednesday each month  
Devoran Village Hall (LOWER HALL)

6:30–8:30pm

Further details 0776 542 3751

## **SLOW & EASY FOLK**

Is for anyone who wants to play along with others at an easy pace and where it doesn't matter if you can only catch one note in 4! You WILL pick it up over time and we make sure that no-one is left behind!

## **WEDNESDAYS**

**26<sup>th</sup> Jan**

**23<sup>rd</sup> Feb**

**23<sup>rd</sup> Mar**

**27<sup>th</sup> Apr**

## **THURSDAY**

### Morning

Zest for Life Fitness with Zoe

Dance Fit 09.00

Further details: [zoejcrouse@gmail.com](mailto:zoejcrouse@gmail.com)

Zest for Life Fitness with Fleur

Pilates on the Ball 10.30

Men's Pilates 12.00

Further details: [fleurdavis@btinternet.com](mailto:fleurdavis@btinternet.com)

Tai Chi 09.30

Further details: Steve 07833655400

### Evening

Gardening Club

3rd Thursday 19.00

Further details: Steve 01872 864701 or

Ian 01872 870170

## **FRIDAY**

### Morning

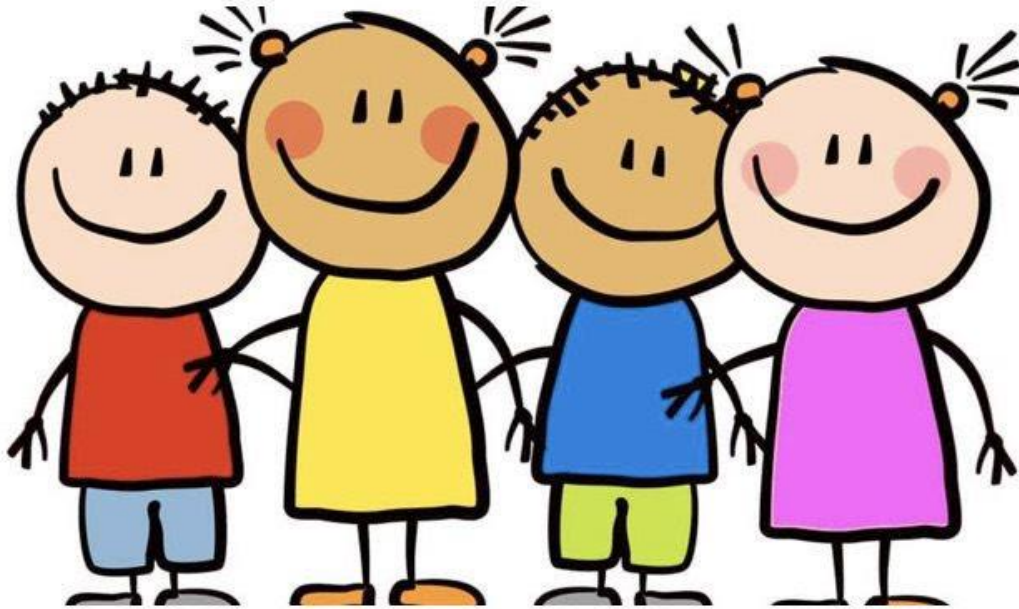
Zest for Life Fitness with Zoe

Steps 09.00

Pilates 10.30

Functional Strength 12.00

Further details: [zoejcrouse@gmail.com](mailto:zoejcrouse@gmail.com)



## Devoran Baby and Toddlers Group



Come and join us at the Lower Hall, Devoran Village

Fridays 9.30am - 11.30am

A group that offers a friendly space for pre schoolers to play and learn while adults can chat!

£2 including children's snack, craft, stories and songs plus adults refreshments!

# SATURDAY

## Morning

Veg van and Fish van approx 12.30

(Devoran Village Market Saturdays stalls at market).

Baker Tom van 11.45

## 2nd Saturday



VILLAGE  
MARKET

9.30 to 12 noon

*Devoran Village Hall*

Contact Sue 07949 823800

2022

Jan <b>Cancelled</b>	<i>Fresh Fish</i>
Feb 12 <sup>th</sup>	<i>Vegetables</i>
March 12 <sup>th</sup>	<i>Cheese</i>
April 9 <sup>th</sup>	<i>Preserves</i>
May 7 <sup>th</sup>	<i>Pork</i>
June 11 <sup>th</sup>	<i>Beef</i>
July 9 <sup>th</sup>	<i>Eggs</i>
Aug <b>Cancelled</b>	<i>Fruit</i>
Sept 10 <sup>th</sup>	<i>Flowers</i>
Oct 8 <sup>th</sup>	<i>Crafts</i>
Nov 12 <sup>th</sup>	<i>&amp; More</i>
Dec 10 <sup>th</sup>	



Incredible Bulk, zero waste van attends Devoran Village Market.

## **SUNDAY**

### Morning

Tiny Toes Ballet 6 months - 7 years

Further details: [www.tinytoesballet.co.uk/cornwall](http://www.tinytoesballet.co.uk/cornwall)

### Afternoon

Messy Church

Hoping to return in the near future.

Further details: 01872 864049