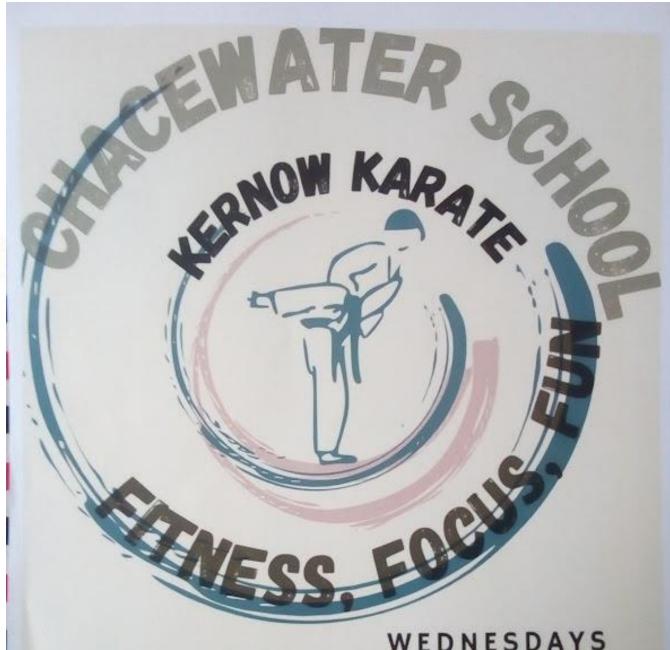


COMMUNITY NEWS



WEDNESDAYS

Restarting April 27

6.00 - 7.00 PM

Search Kernow Karate Chacewater on Facebook for more details

> Due to ongoing pandemic, please check online for times and dates of classes





May is National
Walking Month
Walk to school,
work or just for
fun and raise
funds for Citizens
Advice Cornwall



Photo by Juliane Liebermann on Unsplash

I am writing to you on behalf of Citizens Advice Cornwall, a Cornish charity who is seeing unprecedented demand for its services as we navigate the energy, housing and cost of living crisis.

May is National Walking Month so we have launched 5K May. To take part all you have to do is walk, run or jog 5k during the month of May and collect sponsorship from friends and family.

Anyone wanting to take part can register by

visiting: https://www.justgiving.com/citizensadvicecornwall or by

emailing tamsin@citizensadvicecornwall.org.uk

Citizens Advice Cornwall is a charity providing free, independent and confidential advice on a wide range of subjects for everyone in the community. Last year we helped almost 9,000 people in Cornwall and the Isles of Scilly writing-off debt worth a total of £1.8 million and gaining income worth £5.3 million.

Whether you walk 1k or the whole 5k the money you raise will help us to continue to provide the vital service we offer, giving trusted, confidential advice and support when and where it is needed. Every penny you raise goes to helping people in our community cope with the challenges they face.

If you would like to find out more please visit our website www.citizensadvicecornwall.org.uk.

We also have a gaming fundraiser in May if you'd like to find out more please visit https://citizensadvicecornwall.org.uk/support-us/







Cornwall Air Ambulance FC vs Thames Valley Air Ambulance FC

21st May at Troon AFC's Grouter Park Kick Off: 1.15pm, Gates Open at Midday

This May, Cornwall Air Ambulance are hosting their first ever charity football match against Thames Valley Air Ambulance FC.

The Cornwall Air Ambulance FC team is proud to feature a number of airlifted patients, who might not have been able to take part if not for the intervention of your charity. Other team members include paramedics and those with a close connection to the heart of the charity.

There will be plenty of family fun too, with a pre-match penalty and crossbar challenge, as well as food and drink to keep you well refreshed.

Show your support to the charity on the day and help both charities save future lives.

Tickets are now on sale for just £5 per car – with limited availability these will go fast!

Tickets can be bought here:

https://register.enthuse.com/ps/event/CornwallAirAmbulanceVsThames ValleyAirAmbulance





MAY & JUNE

NEW!

Bakery Van

Every Wednesday 10.00-12.00 starting 4th May

A new bakery van will be in the village hall car park selling bread, cakes and pastries. The van will also be at village markets on the second Saturday of the month.

Don't forget the fish and greengrocery van still visit the village hall car park on Wednesday mornings from approx 09.30 and Saturdays approx 12.30-14.00. Except village market days when they can be found at the market.

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Saturdays 21st & 28th

May Weddings

The village hall car park is reserved for the above weddings' guests and suppliers from Noon Friday until Noon Sunday.

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Thursday 26th May Talk Thursday 26th May 7.30pm

DEVORAN IN THE 1940s

A time of war and peace a talk by Mark Norris

PERRANWELL, DEVORAN, and FEOCK

Masking Devoran.—A distribution of gas masks for Devoran and Carnon Downs districts was made on Thursday and Friday at Devoran Village Hall, Mr. H. C. Sweet (senior warden) superintended, assisted by members of the Red Cross Detachment, and other residents.

Come and find out about life in and around Devoran in the 1940s

£6 in aid of Devoran Village Hall

Cash bar and refreshments available

Thursday 2nd June

The Queen's Platinum Jubilee

Can you help make this a special event by donating a Jubilee themed raffle prize or flowers to decorate the Hall. If so please contact: dvhchairman@outlook.com

Also if you have any Accession, Coronation or Jubilee memorabilia you are happy to display please

contact: dvhchairman@outlook.com

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Saturday 11th June Music



@DEVORAN VILLAGE HALL
Saturday 11th June
£18.50
01726 63513 / www.crbo.co.uk

"One of acoustic music's most original voices, and most forward looking of his generation of singer/ songwriters"

Q Magazine

Please bring along your parents and grandparents for some fun and entertainment at Pengelly Meadows Recreation Area in Carnon Downs (just up from the Doctors Surgery), this new area is for people of all ages to enjoy.



FREE Community Event – Everyone Welcome!

Join us to celebrate the opening of the new Recreation Area New outdoor Exercise Equipment Demo Find out what's on, meet people from local clubs & societies

For more info call: Bex Rawbone - 01872 863 333 / bex@feockparishcouncil.co.uk













What's On in Feock Parish: **May**

MON - 10am-12pm (school term only) - 'Sunbeams' stay & play toddlers group @ Carnon Downs Methodist Hall

10am - Slow Flow (online) - Anella Yoga Studio, Devoran - 07971238811

10-10.50 - Bongo Babes (0-4yrs) - Carnon Downs Village Hall - 0771838510 - Kayleigh

1.00pm - Mixed Pilate @ Devoran Village Hall - Zest for Life Fitness: fleurdavis@btinternet.com

2pm -Penpol & Point WI @ Penpol Chapel. For info please call Helen Gaches - 01872 870614

2,30pm - Men's Pilates @ Devoran Village Hall - Zest for Life Fitness: fleurdavis@btinternet.com

2-3,30pm - U3A Yoga @ St Feock Church Community Hall - Liz Walden 01326 376843

2-4pm - Line Dancing at Carnon Downs Methodist Church

4-6pm - U3A Table Tennis, St Feock Church Community Hall, Merrick Elderton <u>01872</u> 865336

6.15pm - Slow Flow - Anella Yoga Studio, Devoran - 07971238811

6.45-9.15pm - Celtic Chords (ladies barbershop) @ Devoran Village Hall. Pam: 07480 230035 or pammpoley27@gmail.com

10am pick up, St Feock Community Minibus daytrip - to book 077541 07835 (9.30-10.30am)

Tues - 9.45-11.45am - IT Class @ Carnon Downs Village Hall - £2. Bring own equipment

10.30am - Coffee Spot (2nd & 4th of month) @ the Parish Centre, behind Penpoll Church

NEW - 10-11,30am - Walk & Talk (HAIRE Feock) - Feock Parish Council - 01872 863333 - (10,05,22 - Penpol Farm. 24,05,22 - Perranwell Station)

10am - Slow Flow - Anella Yoga Studio - Devoran - 07971238811

6.00pm - Physio Led Pilates, Devoran Village Hall - contact ruthbennettphysio@gmail.com

6.15pm - Moon Yoga @ Anella Studio, Devoran - www.anellayoga.com

6.30-10pm (2nd Tues of month) - Flower Club @ St Feock Church Community Hall - Lorna Weaver 01872 864386

7pm (every 3rd Tuesday, October - April) - Carnon Downs Gardeners Association @ Village Hall - new members welcome. Contact Sandra Ball: 01872 863544 / sandraball@sky.com

7.15pm - Pregnancy Yoga, Devoran Village Hall - contact ruthbennettphysio@gmail.com

7.15-8.45pm (term time only) - The Riverside Singers @ Carnon Downs Methodist Church - no auditions, free trial session. More Info: Chris & Helen 01209 821310

Wed - 9.30am - Veg van and Fish van, 11.45am Baker Tom (Bread) van @ Devoran Village Hall

10am - Mindfulness Course - Anella Yoga Studio, Devoran - 07971238811

10.30am-noon - Coffee Morning @ Carnon Downs Methodist Church Hall

1-4pm (last Wed of Month) - U3A French Films @ St Feock Church Community Hall - Genevieve Rosier 01872 273333

1.30 - 4.00pm (except 4th Wed of month) - U3A Art Group @ St Feock Church Community Hall - sandra.guille@virgin.net / 01872 865764







2-4pm - The Carrick Singers Choir @ Kea Hall, Playing Place - 07796 142297

2,30-4,30pm - Carpet bowls @ Carnon Downs Methodist Church Hall

4-5pm - Pilates - Zestforlifefitness @ Devoran Village Hall - zoejcrouse@gmail.com

4-6pm - U3A Table Tennis @ St Feock Church Community Hall - 01872 865336

6.15pm - Beginner Yoga Course - Anella Yoga Studio, Devoran - 07971238811

6.30pm - Guitar Club (3rd Weds of month) Carnon Downs Methodist Church

6.30pm (4th Weds of month) - Slow & Easy Folk Sessions @ Devoran Village Lower Hall.

Contact 0776 5423751. No expertise required just learn as you go!

Thur - 9-10am - Dancefit - Zestforlifefitness @ Devoran Village Hall, £8 zoejcrouse@gmail.com

9.30am - Tai Chi @ Devoran Village Lower Hall. Steve Sharp: 07833 655400 sharpontheedge@rocketmail.com

10.30am - Pilates on the Ball - Devoran Village Hall, fleurdavis@btinternet.com

Think Fit Classes @ Carnon Downs Methodist Church - www.thinkfitcornwall.com

10am - Hatha - Anella Yoga Studio, Devoran - 07971238811

12,00 - Men's Pilates Devoran Village Hall, fleurdavis@btinternet.com

2 - 4pm (1st & 3rd Thurs of month) - Carnon Downs Memory Café @ CD Village Hall

2 - 4,30pm - Ladies Table Tennis @ St Feock Church Com Hall - Ann Jones 01872 865767

4,30pm - Circuitsrus - Carnon Downs Village Hall - 07792 046151

6.15pm - Hatha - Anella Yoga Studio, Devoran - 07971238811

6.30pm - (last Thur of month) - Feock Home & Garden Society @ St Feock Church Community Hall - Andy Rendell 01872 862972

7pm (3rd Thurs of month) - Gardening Club @ Devoran Village Hall. Steve 01872 864701 / Ian 01872 970170

7.30pm - Zumba by Charlotte - Carnon Downs village hall

Fri - 9-10am - Step Class - Zestforlifefitness with Zoe @ Devoran Village Hall, £8

9am - Gentle Yoga - Anella Yoga Studio, Devoran - 07971238811

9.30 - 11.30am - Baby & Toddler Group, Devoran Village Lower Hall. £2 includes snack.

NEW - 10am - 12 - Crochet & Sew Workshop (HAIRE Feock) - Carnon Downs Village Hall - make fun street art, beginners & all ages welcome. Free - just turn up! Feock Parish Council Wellbeing team - 01872 863333

10am - St Feock Community Minibus daytrip - to book 077541 07835 (9.30-10.30am)

10,30-11,30am - Pilates - Zestforlifefitness @ Devoran Village Hall, £8

11am - Intro to Yin @ Anella Studio, Devoran - www.anellayoga.com

12-1pm - Functional Strength Class - Zestforlifefitness @ Devoran Village Hall, £8

7.30pm - Scottish Country Dancing @ Carnon Downs Methodist Hall - Polly Barton - 01872 864779

Sat - 9am - Slow Flow - Anella Yoga Studio, Devoran - 07971 238811







10.15am - Slow Flow (Online) - Anella Yoga Studio, Devoran - 07971 238811

1.30 - 4pm (1st & 3rd Saturdays) - Carnon Downs Community Bingo @ CD Village Hall

3pm - Perranwell Football Club @ Tregye Pitch - Simon Fisher - 07712 435081 / Phil Rees - 07803 002927

Sun - 10am - Church Service @ The Waterside Churches - St Feock & Devoran - 01872 276357

10,30am - Church Service @ Carnon Downs Methodist Chruch

10.30 - 11.30am - 'The Community Space' @ Penpoll Chapel - hot drink & a chat

From 9am - Tiny Toes Ballet @ Devoran Village Hall - www.tinytoesballet.co.uk/cornwall

Afternoon: Messy Church @ Devoran Village Hall - further details 01872 864049

Events in Feock Parish:

Various - West Cornwall Walkers - 2x weekly walks (mix of coastal and inland) www.wcfps.co.uk

Tuesday 10th May - 7.30pm - Devoran Village Hall AGM (lower hall) - dvhsecretary@outlook.com

Saturday 14th May - 12-3.30pm - 'Party in the Park' Community Event, supported by HAIRE (wellbeing)
Project @ Pengelly Meadows Recreation Area, Carnon Downs

Saturday 14th May - 2-4pm - Stress Reduction Workshop - Anella Yoga, Devoran - 07813 766616

Monday 16th May - 10-11.30am - Community Coffee Morning - Devoran Village Hall (Lower Hall) supported by HAIRE (wellbeing) Project

Sunday 22nd May - Community Sunday Coffee - Devoran Chapel (schoolroom) - 10,30-12noon - come and join us for an opportunity to share time with friends and neighbours over a relaxed cup of coffee!

Sunday 22nd May - 1-3pm - Pawsome Afternoon Tea @ Cats Protection Adoption Centre, TR3 6GE

Thursday 26th May - 7pm - Feock Home and Garden Society meet on at Feock Church Hall with Jan Pentreath, "Snapshots of Cornish Maritime History"

Thursday 26th May - 7.30pm - History talk by Mark Norris - Devoran in the 1940s

Fri 27th May - 7.30pm - 'A Concert for Oliver' with Nankersey Male Choir @ Carnon Downs Methodist Church - fundraising for Just4Children: Oliver's Scoliosis Journey - £5 (under 16s free) - Raffle & retiring collection







Would you like to help support your Community? Can you spare a little time helping people?

Volunteering opportunities available with Feock Parish Council, including with our Wellbeing Project: HAIRE Feock. For more info: bex@feockparishcouncil.co.uk

Additional Local Information?

NEW – Boardgame Library – available on loan at our Parish Council Offices – call for more info and to see what's available

The Guide has been produced by HAIRE Feock. If you would like your event, group, activity added or updated please get in touch!

This monthly guide is available in hard copy from Devoran Library (Market St), your village red phone box, Devoran GP surgery & Linden Hey Tea Garden. For an eco-friendly electronic copy please check out our new wellbeing website: www.MyFeock.co.uk

Bex Rawbone - HAIRE Feock Co-Ordinator - bex@feockparishcouncil.co.uk

Cathy Whitmore - HAIRE Feock Administrator - cathy@feockparishcouncil.co.uk

Tel: 01872 863 333

Website: <u>www.MyFeock.co.uk</u> Facebook: Wellbeing Feock

Road Traffic Regulation Act 1984 S.14: Temporary Prohibition of Traffic

Cormac have requested to close the following road(s) to carryout works to their apparatus.

If you have any queries regarding these works please contact the Utility direct on the number below. Any responses to this email received by Street Works will be forwarded to the Utility for them to respond.

Please note that this is only an Intention Notice and as of yet an Order has not been issued.

Please respond with any feedback within fourteen days from the date of this e-mail.

Location: Urban Footway F7068, Feock

Timing: 4th July 2022 to 8th July 2022 (24 hours)

Contact: Cormac Solutions Ltd on 0300 1234 222.

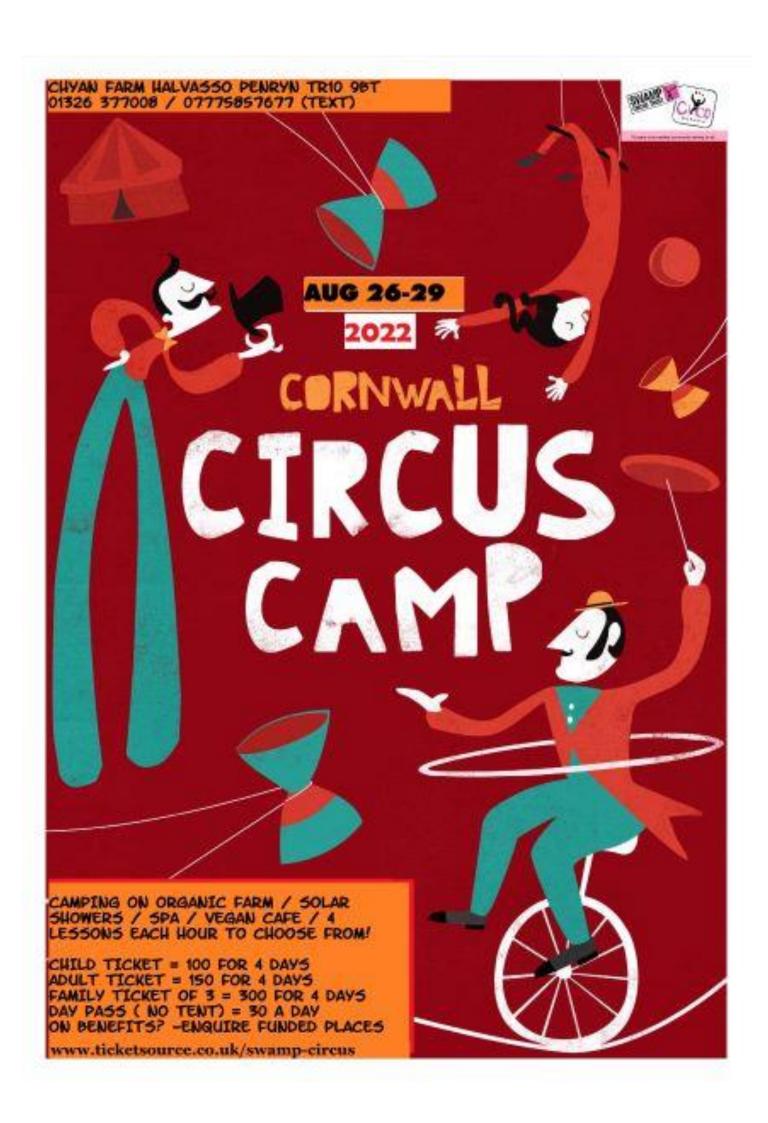
Please click the following link for a map: https://one.network/?tm=128277203

Kind regards,

Streetworks

Transport and Infrastructure Service

Cornwall Council





Swamp Circus Trust is offering a camping holiday with a difference set in the idyllic Cornish countryside. Have a go at a full range of circus skills from high-wire to trapeze, unicycle to acrobatics and much, much more.

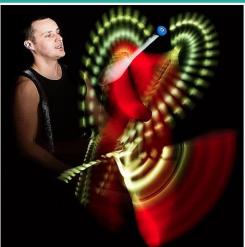
Great for beginners as well as circus fanatics looking to hone their skills. Be entertained in our big top, gorge yourself on local organic delicacies, then relax and unwind in our saunas and solar showers.



4 DAY TICKET 150 / CHILD 100
FAMILY DEAL 300 / DAY PASS 30
www.circokernow.co.uk /office@swampcircus.co.uk











CHYAN COMMUNITY FIELD, FALMOUTH, CORNWALL TR10 9BT

to book: www.ticketsource.co.uk/swamp-circus www.circokernow.co.uk - admin@swampcircus.co.uk - 01326377008