



DEVORAN NEWS

Message from the Head

Dear Parents and Carers,

This week we have reminded the children about our school values in assembly to ensure that all children understand how these values prepare them for the future both in and out of school. Please feel free to discuss these with your child at home:

Empathy
Responsibility
Resourcefulness
Reflectiveness
Resilience
Respect

We hope that you all enjoyed reading the recent Ofsted Report that was emailed out to you on Thursday and is also available on our website. I am so proud of all the staff and children that make Devoran School such a safe, happy and thriving place to work.

I hope you all have an enjoyable weekend,

Best wishes,

Miss Lock

Truro City of Light Parade – Wednesday 31st January

As you can imagine, the postponement of the parade due to the adverse weather has cost the event much needed income, so they are trying their best to sell as many raffle tickets as possible to help raise much needed funds. The prizes range from a meal voucher for Bustopher Jones, White Stuff scarves, cream tea for two and much more!

If you would like to buy any raffle tickets you can buy them from the school office. The tickets are £2 each.

Thank you in advance for supporting our community at this prestigious event.

A special mention goes out to the Year 5 & 6 Yellow Football Team and all spectators who braved the adverse weather conditions this Tuesday. All players showed immense team spirit and fantastic resilience to play to the very end. Both Devoran and Threemilestone played exceptionally well and the match ended in a 2-2 draw which was thoroughly deserved by all. Well done everyone!



School week commencing 8th January
95.1% - whole school attendance

Attendance Congratulations:

1st place is Year 5 with 98.6%

Classes with over 97% and above:

Year 5, Year 3 and Year 1

Well done to these classes!



Key dates

Monday 22nd and Friday 26th January – 15:30 to 18:00 - Rescheduled Foundation and Year 3 Parent Consultations (see separate letter with time choices)

Wednesday 31st January – City of Lights
February 12th – 16th - Half term

More dates coming your way soon!



It is with regret that the Leisure Centre have cancelled our swimming bookings for this half term. We apologise for the late notice – we were only given notice ourselves last week! We will be in touch with more information re swimming in due course. Any questions please contact the school office.



**DID
YOU?
KNOW**

If your child is ill, or on a trip or will not be in school for lunch, you are able to log in to your Parent Pay account and 'un-click' the selected lunch to cancel it.

EAT WELL, LIVE WELL with The Greens



Happy New Year Everyone!

We hope you all had a great break over Christmas and you are starting 2018 feeling refreshed. The new year can be a great time to reflect and set some goals for the year to come. However, many of us often set unrealistic targets. **If you are planning to set some new year's resolutions, try to make them fun and achievable!**

Why not set a family challenge?

Setting new year's resolutions for the whole family, is a great way for everyone to motivate each other and may help you to stick to them long term.

Here are some fun ideas for healthy resolutions:

- 🍎 Have one night a week without the TV and spend the evening as a family
- 🍎 Try one new food or recipe every week
- 🍎 Make homemade pizzas together as a family once a month (*see our pitta pizza recipe idea on the right*)
- 🍎 Challenge your family to a weekly step target using pedometers
- 🍎 Challenge your family to increase their fruit and vegetable intake with a 5 A DAY tracker (*see example tracker below*)

Autograph wish you all a happy and healthy 2018!

5 A DAY Challenge Tracker

5 A DAY TRACKER

Name: _____

Date: _____

Your challenge
Have at least 5 portions of fruit and vegetables every day this week.

DAILY	1	2	3	4	5	TOTAL

Did You Know...

When trying new foods, it can take a child around 10 to 16 times to accept new flavours!



Try this at Home...

Pitta Pizzas – serves 4

Pizza is a favourite meal for many children and can be a great way to include extra vegetables which count towards their 5 A DAY!

Ingredients

- 🌿 Pitta Bread **x 2**
- 🌿 Tomato Puree **120g**
- 🌿 Cheese **100g**
- 🌿 Toppings **320g**
(e.g. pepper, mushroom, sweetcorn)

Method

1. Preheat oven to 200C/400F/Gas Mark 6
2. Spread tomato puree over the top of the pittas
3. Add choice of toppings e.g. peppers and mushrooms
4. Sprinkle cheese over the top
5. Cook for approximately 10-12 minutes... enjoy!

Top Tip: Why not try making funny faces with the vegetable toppings?

Autograph
FOOD FOR THE FUTURE

For more information, you may wish to visit our website

www.autographfood.co.uk

ON A MISSION

To inspire people to think differently about food, cooking, health and our environment!