## COMMUNITY NEWS

## LADIES 18 \& over Sing A Camella



cosecher in harmony
Here, At Devoran Village Hall
Quay Road
Devoran
TR3 6PW
Every Monday evening
6.45pm-9.15pm

Just come along
no previous experience of singing necessary and no need to be able to read music

Website: celticchords.btck.co.uk

Carnon Downs Community ASSociation invites you to a night of Spooky fun HALLOWEEN PUMPKKIN
Hot dogs \& aid of
 Downs Bowling Club for $£ 1$ on the night Vote for your favourite house \& pumpkin Enter by email to carnondownsvillageegmail.com or phone 07866624106 by Wednesday 16th October

Whilst we are happy to promote events in our local community, Devoran School does not in any way endorse or take responsibility for any of these events.

## The 2019/20 Devoran Acoustic Sessions season starts on Sunday 6th October

Time to get your tickets, it is less than 2 weeks until
John Kirkpatrick plays at Devoran Acoustic Sessions.
BBC Radio 2 Folk Awards musician of the year 2010 and awarded English Folk Dance and Song Society Gold Badge in 2003. John Kirkpatrick. one of folk music's foremost musicians and singers. John is a great performer, funny, utterly without pretension. inventive and dynamic. Box office 01726 879500, www.crbo.co.uk or in person at the following Tourist Offices in St Ives, Penzance, Truro, St Austell, Bodmin, Liskeard, Launceston.


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## (13) we pscovaz, we crow Girlguiding Carrick North Division

## (2) Merlin MS Centre

A place of support the rapy
and rifomation for Cornwell

# Carrick North Guiding Funday 

## Sunday 6th October

## Merlin MS Centre

Bradbury House, Hewas Water, PL26 7JF

## 2pm to 4pm

## Fun for all the family whilst supporting a worthy Cornish charity

## Stalls Games Raffle Refreshments

[^0]Please come and support Lola in Year 6 who is raising money at the Carnon Downs market this Saturday morning for the Flicka Foundation Donkey Sanctuary in Mabe who want to build a hospital wing for poorly donkeys. Lola will be selling home made cakes, fruit smoothies and handmade greetings cards. Thank you (3)


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## CLIMATE EMERGENCY EVENT WHAT CAN YOU DO?



We need old plastic for a children's weaving workshop on the day, things like old plastic bags that can be cut into strips, please bring along on the day or drop into the box in Devoran Library. Thank you!


## OUR MONTHLY POP UP COMMUNITY LUNCH

## Wednesday $3^{\text {rd }}$ October

## Devoran Village Hall 12.30pm

Please come and join us for ...
Homemade soups, puldings, tea and coffee
Highchairs or wheelchairs - everyone welcome!

## Ages 0 to 100+!

## $£ 5$ per person

If you are interested in volunteering or would like more
information phone Caroline on O1872 865548 or the Parish Council Office on 01872863333
Proceeds from Meet \& Eat go to the Parish Council's Health \& Wellbeing
Community Fund


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## "Autumn is the season to find contentment at home by paying attention to what we already have."

September is a time of transition, a time of new beginnings, a time of change.

We have to dig out an extra layer or two for the chillier mornings and there are fewer opportunities for last minute gatherings in the nice weather as we start to retreat inside our homes.

Whilst some of us will be starting new chapters; with relatives or friends starting a new year at school or a new life at university, others may feel left behind, unsettled or lonely.

Take a leaf out of autumn's book and use this moment of transition as an opportunity to reach out, connect with others, and try something new. Not only will you feel happier, you'll be spreading a little joy everywhere you go.

- Smile (it's infectious - in a good way!)
- Say hello, and make time for a chat
- Look out for chances to meet people and nurture new friendships

Let's all start the new season feeling refreshed. Happy chatting!


[^0]:    Merlin MS Centre is the only purpose built facility in Cornwall that provides a comprehensive range of subsidised therapies for those whose lives are affected by Multiple Sclerosis (MS). The services the charity provides are also available to those with other neurological conditions such as Parkinson's, Stroke, ME Chronic Fatigue Syndrome (CFS).

